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REGULATING DEVICE WITH A BALANCE AND A PLANE HAIRSPRING
FOR A TIME PIECE MOVEMENT

5 The present invention relates to a regulating device
having a balance and a plane hairspring for a time piece
movement.

It is known that the turns of a plane hairspring
deform eccentrically when the hairspring is in operation.
This eccentric deformation of the turns, which is
10 explained by the fact that the center of gravity of the
hairspring does not correspond to the center of rotation
of the balance and hairspring assembly, disturbs the
setting of the balance and hairspring assembly and makes
it anisochronous.

15 The center of gravity of the hairspring could be
returned arbitrarily to the center of rotation of the
balance by being shifted, however that would not solve
the problem since during the working of the hairspring
the center of gravity would move and would therefore no
20 longer coincide with the initial center of gravity.

Two different solutions have been proposed for
causing the center of gravity and the center of rotation
to coincide while a plane hairspring is working, thereby
making the deformations of the turns concentric:

25 . the Breguet hairspring with a so-called Philips
curve in which an outer curve is moved into a second
plane above the hairspring plane; and

30 . the hairspring with angle strip as described in
1958 by Messrs. Emile and Gaston Michel in an article
entitled "Spiraux plats concentriques sans courbes"
[Concentric flat hairsprings without curves], published
by Société Suisse de Chronométrie.

The first solution amounts to modifying the initial
plane hairspring so that it becomes a hairspring
35 occupying a plurality of planes. That solution does not
come within the ambit of the present invention which
relates only to plane hairsprings.

The second solution consists in stiffening a determined portion of a turn by giving it the shape of an angle strip. The angle strip is situated either in the outer turn or in a central turn. Nevertheless, according
5 to the authors of that solution, although angle strip in the central turn does indeed provide a significant improvement in terms of the isochronism of the balance and hairspring assembly, angle strip in the outer turn does not give satisfaction. Said authors even abandoned
10 the hairspring with angle strip in the outer turn, in the belief that they had been wasting their time on this topic.

The present invention seeks to improve the isochronism of a balance and hairspring assembly by
15 stiffening a portion of the outer turn of the hairspring, and for this purpose the invention provides a regulating device as defined in accompanying claim 1, with particular embodiments being defined in dependent claims 2 to 10, as well as a timepiece, such as a watch,
20 incorporating the above-mentioned regulating device.

The present invention is based on the observation that, contrary to the conclusions reached by the authors of the above-mentioned article "Spiraux plats concentriques sans courbes", it is possible to improve
25 significantly the isochronism of a balance and hairspring assembly by stiffening a determined portion of the outer turn of the hairspring, provided that the spacing between the terminal portion of the outer turn and the last-but-one turn of the hairspring is sufficiently large to
30 ensure that said last-but-one turn remains radially free during expansions of the hairspring up to amplitudes corresponding substantially to the maximum angle of rotation of the balance in the movement.

According to the present inventors, the reason why
35 the solution using angle strip in the outer turn as described in the above-mentioned article provided no improvement in terms of isochronism, stems from the fact

that during large-amplitude expansions of the hairspring the last-but-one turn came into abutment against the outer turn or against a stud or an index pin associated with said outer turn, thereby significantly disturbing the operation of the hairspring. The present inventors have observed that by modifying the hairspring described in the above-mentioned article in such a manner that expansion of the last-but-one turn is not impeded by the last turn (the outer turn), nor by its accessories such as the stud and the index pins, operation of the balance and hairspring assembly becomes substantially isochronous.

The present invention also provides a method of designing a regulating device comprising a balance and a plane hairspring, the method being as defined in accompanying claim 13, with particular implementations thereof being defined in the corresponding dependent claims.

Other characteristics and advantages of the present invention will appear on reading the following detailed description made with reference to the accompanying drawings, in which:

- Figure 1 is a plan view of a regulating device according to a first embodiment of the invention;
- Figure 2 is a plan view showing, by way of comparison, the hairspring of a conventional regulating device, in its rest position;
- Figures 3 and 4 are plan views showing the hairspring of Figure 2 respectively in expansion and in compression, in a theoretical situation where the center of the hairspring is free, the outer end of the hairspring being taken as a fixed reference point;
- Figure 5 is a plan view showing the hairspring of the regulating device of the first embodiment of the invention in its rest position;
- Figures 6 and 7 are plan views showing the hairspring of Figure 5 respectively in expansion and in

compression, in a theoretical situation where the center of the hairspring is free, the outer end of the hairspring being taken as a fixed reference point;

5 • Figure 8 is a plan view showing the hairspring of a regulating device according to a second embodiment of the invention, together with accessory elements thereof;

 • Figure 9 is a diagrammatic plan view showing how a portion to be stiffened of the outer turn of the hairspring of the regulating device of the invention is
10 determined;

 • Figures 10 to 12 are plan views showing variants of an intermediate hairspring shape obtained during a method of designing the regulating device of the invention;

15 • Figure 13 is a diagrammatic plan view showing a theoretical expansion of an intermediate hairspring obtained in the design method of the invention and in which the terminal portion of the outer turn remains to be corrected; and

20 • Figure 14 is a diagrammatic plan view showing how the terminal portion of the outer turn of the hairspring shown in Figure 13 is corrected so as to enable the last-but-one turn to remain radially free during expansions of the hairspring up to amplitudes that correspond
25 substantially to the maximum angle of rotation of the associated balance.

 With reference to Figure 1, a regulating device for a time piece movement according to the invention comprises a balance 1 and a flat hairspring 2 in the form
30 of an Archimedes' spiral. The inner end 3 of the hairspring 2 is fixed to a collet 4 driven onto the shaft of the balance 1 and is therefore continuously subjected to the rotary torque from the balance 1. In known
 manner, the rotary shaft of the balance and hairspring
35 assembly turns in bearings (not shown). The outer end 5 of the hairspring 2 is fixed to a stationary part of the

movement, typically the balance-cock, via a fixing member 6 called "stud".

According to the invention, the hairspring 2 has in its outer turn 7 a stiffened portion 8 that is arranged to cause the deformations of the turns to be substantially concentric during expansions and compressions of the hairspring 2. This stiffened portion 8 is constituted by a portion of the strip forming the hairspring having a greater thickness e in the plane of the hairspring than does the remainder of the strip. This thickness e is large enough relative to the thickness e_0 of the remainder of the strip to confer stiffness to the stiffened portion 8 that is much greater than that of the remainder of the strip. Thus, during expansions and compressions of the hairspring, the stiffened portion 8 hardly deforms at all, and therefore does not participate in the deformation of the turns. In the example shown, the thickness e of the stiffened portion 8 varies, with its minimum, at the ends of the stiffened portion, being equal to the thickness e_0 of the remainder of the strip and its maximum, in the center of the stiffened portion, being equal to three times the thickness e_0 of the remainder of the strip. Nevertheless, as will be apparent in the following, the thickness e of the stiffened portion could equally well be constant or could vary only in the terminal portions of the stiffened portion. The extra thickness presented by the stiffened portion 8 relative to the remainder of the strip is preferably situated exclusively on the outer side of the last turn 7 so as to ensure that it cannot come into contact with the last-but-one turn, identified by reference 9. The way in which the stiffened portion 8 is arranged along the hairspring 2 is explained below with reference to the method of the invention.

As explained in the introduction to this application, the turns in a conventional hairspring deform eccentrically since the center of gravity of the

hairspring does not correspond with its geometrical center. The geometrical center of the hairspring is the center of the frame of reference in which its spiral is defined. It is situated on the axis of rotation of the balance and hairspring assembly. Figure 2 shows, by way of illustration, a conventional hairspring in the form of an Archimedes' spiral in its rest position, together with the associated frame of reference (O, x, y) and the center of gravity G_0 of the hairspring. Figures 3 and 4 show the same hairspring respectively after it has been expanded by one revolution (360°) and after it has been compressed by one revolution by applying a pure torque to the inner end of the hairspring, the outer end of the hairspring being taken as a fixed reference point. The term "pure torque" is used to mean that the inner end of the hairspring is free, i.e. the theoretical circumstance is assumed whereby the axis of the balance and hairspring assembly is free to move parallel to the plane of the hairspring, or in other words is not held by bearings. As can be seen, during such expansion and compression, the geometrical center O' of the hairspring as represented by a point inside a circle moves mainly along the axis (O, x), towards negative values for x during expansion and towards positive values for x during compression, and therefore no longer coincides with the center O of the frame of reference. In practice, since the geometrical center of the hairspring cannot move because of the constraint imparted by the bearings on the shaft of the balance and hairspring assembly, the way in which the turns deform during expansion or compression of the hairspring is necessarily eccentric, and not concentric as shown in Figures 3 and 4.

In the present invention, the function of the stiffened portion 8 is to bring the center of deformation of the hairspring 2 to the geometrical center of the said hairspring. The center of deformation of the hairspring is the center of gravity of the elastic portion of the

hairspring, i.e. of the portion of the hairspring other than its stiffened portion 8. Figures 5, 6, and 7 show the hairspring 2 of the regulating device of the invention respectively at rest, expanded after applying a pure torque of the same amplitude as in Figure 3 (the outer end of the hairspring being taken as a fixed reference point, as in Figure 3), and in compression after applying a pure torque having the same amplitude as in Figure 4 (the outer end of the hairspring being taken as a fixed reference point, as in Figure 4). It can be seen that the geometrical center O' of the hairspring 2 hardly moves and remains in coincidence with the center O of the frame of reference during such expansion and compression. This implies that in practice the constraint exerted by the bearings on the shaft of the balance and hairspring assembly is sufficiently small for the deformations of the turns to remain substantially concentric, as in the theoretical circumstances of Figures 6 and 7. This leads to a significant improvement in the isochronism of the balance and hairspring assembly, which will work purely in torque in its bearings without being subjected to disturbing forces due to reaction from the bearing supports.

With reference again to Figure 1, according to another characteristic of the invention, the spacing or radial distance d between a terminal portion of the outer turn 7 and the last-but-one turn 9 is large enough to ensure that this last-but-one turn 9 remains radially free during expansions of the hairspring 2 up to amplitudes corresponding substantially to the maximum angle of rotation of the balance 1 in the movement. The term "maximum angle of rotation" is used herein to mean the maximum angle that the balance wheel 1 is liable to reach during normal conditions of operation of the movement. This angle is determined in particular by the force from the mainspring (barrel spring) of the movement. It is less than the knocking angle. In a

typical embodiment of the invention, the maximum angle of rotation is slightly less than the knocking angle and is equal to about 330° . It is recalled that the knocking angle is defined as being the angle of rotation of the balance from which knocking occurs, i.e., typically, the angle from which the impulse-pin of the balance comes into contact with the outer face of a horn of the fork of the escapement pallets.

In other words, the radial spacing or distance d is large enough to ensure that during normal operation of the movement, the last-but-one turn 9 cannot come into contact either with the outer turn 7 or with the stud 6. Since the expansions (and naturally also the compressions) of the last-but-one turn 9 are not impeded at any time during normal operation of the movement, the deformations of the turns always remain concentric, thereby leading to a significant improvement in the isochronism of the balance and hairspring assembly.

In practice, in order to retain a safety margin, the terminal portion of the outer turn 7 can be positioned far enough away from the last-but-one turn 9 so as to ensure that the latter cannot reach said terminal portion even during expansions of the hairspring going as far as amplitudes corresponding to the absolute maximum angle of rotation of the balance, i.e. the knocking angle.

Figure 8 shows a second embodiment of the invention, in which the regulating device comprises in particular a hairspring 2' having a stiffened outer turn portion 8', a stud 6' for fastening the outer end 5' of the hairspring, and an index, of which only the pins 10 are shown, for adjusting the active length of the hairspring 2'. The stiffened outer turn portion 8' presents a double bend 11 in its central portion. This double bend 11 enables the terminal portion of the outer turn 7', from the double bend 11 to the outer end 5', firstly to be far enough away from the last-but-one turn 9' to ensure that neither this terminal portion nor its accessories such as the

stud 6 and the pins 10 can impede the expansions of the last-but-one turn 9', and secondly to have a generally circularly-arcuate shape of center O that is adapted to rotation of the index. Nevertheless, in a variant, the index and its pins 10 could be omitted.

There follows a description of the method for designing the hairsprings 2 and 2'.

Firstly, an Archimedes' spiral is defined in a frame of reference (O, x, y), by the known formula:

$$r(\theta) = r_0 + p\theta$$

where r_0 and p are predetermined constants and where r and θ are polar coordinates in the frame of reference (O, x, y).

This spiral is given a strip thickness e_0 in the plane of the spiral and a strip height h_0 perpendicular to the plane of the spiral. These values e_0 and h_0 are constant over the entire length of the spiral.

The coordinates (x_G , y_G) of the center of gravity G of the hairspring obtained in this way are calculated as follows:

$$x_G = \frac{1}{L} \int_0^L x ds$$

$$y_G = \frac{1}{L} \int_0^L y ds$$

where L is the length of the hairspring and ds is the incremental length along the hairspring.

Using these equations:

$$x = r \cos \theta$$

$$y = r \sin \theta, \text{ and}$$

$$ds = \sqrt{r^2 (d\theta)^2 + (dr)^2} = \sqrt{r^2 (d\theta)^2 + p^2 (d\theta)^2}$$

the coordinates x_G and y_G can also be written as follows:

$$x_G = \frac{1}{L} \int_0^{2\pi V} r \cos \theta \sqrt{r^2 (d\theta)^2 + p^2 (d\theta)^2}$$

$$y_G = \frac{1}{L} \int_0^{2\pi V} r \sin \theta \sqrt{r^2 (d\theta)^2 + p^2 (d\theta)^2}$$

where N is the real number of turns of the hairspring.

The unbalance of the hairspring is then deduced as calculated at the center of gravity G :

$$\bar{b}_G = m\overline{OG}$$

5 where m is the total mass of the hairspring: $m = \rho e_0 h_0 L$ where ρ is the mass density of the hairspring, and the vector \overline{OG} defined by the points O and G (which are assumed to be situated in the same plane parallel to the plane of the hairspring) has as its modulus:

$$10 \quad a = \sqrt{x_G^2 + y_G^2}$$

A portion of the outer turn that is to be made inactive will then be determined so that the unbalance \bar{b}_G which is responsible for the anisochronism of the balance and hairspring assembly becomes zero. This portion of
15 the outer turn will then be reinforced so that it loses its elasticity and constitutes a "dead zone" that does not participate in the deformations of the outer turn.

To eliminate the unbalance \bar{b}_G , the portion of the turn that is to be made inactive must itself present an
20 unbalance \bar{b} equal to the unbalance \bar{b}_G . This turn portion is necessarily such that the point G lies between the point O and said turn portion and has an angular extent $\beta_2 - \beta_1 = 2\alpha$ (cf. Figure 9) that is symmetrical about the axis passing through the points O and G .

25 By assuming that this outer turn portion is a circular arc of mean radius (half-thickness radius) R_e , of center O , and of mass Δm , the modulus of its unbalance \bar{b} is equal to $R_e \Delta m$, where:

$$\Delta m = \rho e_0 h_0 \Delta L \quad \text{with} \quad \Delta L = R_e (\beta_2 - \beta_1) = 2R_e \alpha$$

30 which gives:

$$R_e \Delta m = ma = \rho e_0 h_0 La$$

i.e.:

$$2R_e^2 \alpha = La$$

whence:

$$35 \quad \alpha = \frac{La}{2R_e^2}$$

and:

$$\beta_1 = \beta_G - \alpha$$

$$\beta_2 = \beta_G + \alpha$$

where β_G is the angular position of the point G:

5
$$\beta_G = \text{Arctan } (y_G/x_G).$$

The section of the outer turn portion delimited by the angles β_1 and β_2 is then reinforced by giving this outer turn portion a thickness \underline{e} in the plane of the hairspring that is greater than the thickness e_0 , e.g.
10 that is equal to three times the thickness e_0 . Figure 10 shows the hairspring as obtained in this way with its stiffened portion being identified by reference 8".

Preferably, in order to avoid or at least reduce any risk of the hairspring breaking during fabrication or
15 while in operation at the radially extending straight ends 12 of the stiffened portion 8", the shape of the stiffened portion 8" is corrected so as to soften the transition between the latter and the remainder of the strip. This correction of the shape of the stiffened
20 portion 8" is typically performed as follows:

Initially, a function $f = e(\theta)$ is selected that is representative of the thickness in the plane of the hairspring of the corrected stiffened portion as a function of polar angle θ . This function \underline{f} is convex and
25 continuous, and presents a minimum equal to the thickness e_0 at each of the two ends of the stiffened portion.

Thereafter, the angular extent $\delta_2 - \delta_1$ of the corrected stiffened portion is calculated. This angular extent $\delta_2 - \delta_1$ includes the angular extent $\beta_2 - \beta_1$ of the
30 stiffened portion 8" shown in Figure 10; in other words $\delta_1 < \beta_1$ and $\delta_2 > \beta_2$ (cf. Figures 9 and 10).

In order to determine the angles δ_1 and δ_2 , it is assumed that the corrected stiffened portion is to deform in the same manner as the turn portion defined by said
35 angles δ_1 and δ_2 in the hairspring of Figure 10. Assuming that the stiffness of the stiffened portion 8" is infinite, which is the ideal theoretical value, the

deformation of the turn portion of the hairspring of Figure 10 between the angles δ_1 and δ_2 is equal to the sum of the respective deformations of the turn portions between the angles δ_1 and β_1 and between the angles β_2 and δ_2 . The component along the axis (O, x) of this deformation can thus be written as follows:

$$D_x^{e_0} = \frac{12M}{h_0 e_0^3} \left[\int_{\delta_1}^{\beta_1} y ds + \int_{\beta_2}^{\delta_2} y ds \right]$$

where M is the moment of deformation or torque applied to the hairspring and, as mentioned above, $y = r \sin \theta$ with $r = r_0 + p\theta$. As for the component of the deformation of the corrected stiffened portion along the axis (O, x), this can be written as follows:

$$D_x^f = \frac{12M}{h_0} \int_{\delta_1}^{\delta_2} \frac{y ds}{f^2}$$

The components of the above-mentioned deformations along the axis (O, y) can be ignored since they are negligible and of the same order of magnitude as production errors. In order to reduce the number of variables, the angle $\delta_2 - \delta_1$ is caused to be symmetrical about the axis passing through the points O and G. This makes it possible to define a single variable φ equal to $\beta_G - \delta_1$ and to $\delta_2 - \beta_G$. This variable φ is calculated by equating the deformation components $D_x^{e_0}$ and D_x^f :

$$\frac{1}{e_0^3} \left[\int_{\beta_G - \varphi}^{\beta_1} y ds + \int_{\beta_2}^{\varphi + \beta_G} y ds \right] = \int_{\beta_G - \varphi}^{\varphi + \beta_G} \frac{y ds}{f^3}$$

To solve the above equation, it is possible to perform an iterative calculation starting from a given value for φ , that is large enough compared with the length of the stiffened portion 8", and then decreasing this value φ step by step until the two deformation components $D_x^{e_0}$ and D_x^f become close enough to each other. Typically, the iteration algorithm is stopped as soon as:

$$|D_x^{e_0} - D_x^f| < \epsilon$$

where:

$$\varepsilon = \frac{10^{-5}(|D_x^{e_0}| + |D_x^f|)}{2}$$

Once the final value for φ has been determined, the stiffened portion is redrawn by giving it the variable thickness $e(\theta) = f$ between the angles δ_1 and δ_2 .

By way of example, a function f that is particularly suitable for the variable thickness of the corrected stiffened portion is given herebelow:

$$f = e_0 + e_0 \left\{ 1 + \cos \left[2\pi \frac{(\theta - \beta_G)}{\delta_2 - \delta_1} \right] \right\}$$

This function f presents a minimum equal to the thickness e_0 at both ends of the corrected stiffened portion, and a maximum equal to three times the thickness e_0 in the center of the corrected stiffened portion. This function f has the advantage of being convex over the entire length of the corrected stiffened portion, i.e. at all points along said length, thereby minimizing any risk of breakage. Figure 11 shows the hairspring obtained after the step of correcting the stiffened portion with such a function.

Nevertheless, the person skilled in the art will observe that other convex functions f can also be suitable. By way of example, Figure 12 shows a hairspring obtained after the step of correcting the stiffened portion using a function f such that the thickness e of the corrected stiffened portion, identified by reference 8'', is constant over the entire length thereof with the exception of terminal portions 13 where it decreases continuously towards the ends 14 of said portion 8''.

It should be observed that when corrected in this way by means of either one of the above-mentioned functions, the stiffened portion presents the advantage not only of reducing the risk of the hairspring breaking,

but also of presenting stiffness that is greater than that of the stiffened portion 8" shown in Figure 10 because its angular extent can be calculated on the basis of infinite stiffness for the stiffened portion 8".

5 Once the stiffened portion has been corrected, maximum expansion of the hairspring is simulated, e.g. by means of a finite element calculation, said maximum expansion corresponding to the maximum angle of rotation of the balance, and the shape of the terminal portion of the outer turn is corrected so that the terminal portion is far enough away from the last-but-one turn to ensure, as explained above, that neither the terminal portion nor its accessory elements (stud, index pins) can impede expansion of the last-but-one turn. This correction of the shape of the terminal portion is nevertheless sufficiently small to avoid significantly modifying the unbalance of the hairspring and of the stiffened portion. By way of illustration, Figure 13 shows the theoretical expansion of a hairspring having a stiffened portion in its outer turn, but in which the terminal portion of the outer turn, whose shape has not yet been corrected, is not far enough away from the last-but-one turn. As can be seen, the last-but-one turn, identified by reference 16, extends beyond the position of the end 17 (considered as being fixed) of the outer turn, which means that in practice the last-but-one turn 16 will come into abutment against said end 17 or against the stud to which said end 17 is connected.

30 To move the terminal portion of the outer turn away from the last-but-one turn, the following steps can be performed (cf. Figure 14):

35 • A first point P_1 is defined on the radial axis passing through the outer end of the hairspring, which point is situated beyond the last-but-one turn when the hairspring is at maximum expansion, i.e. when the balance has reached its maximum angle of rotation (to do this, a theoretical configuration is assumed in which the last-

but-one turn is not impeded radially and is therefore maximally expanded, as in the example of Figure 13), and located at a distance from said last-but-one turn that is equal to about one pitch of the spiral, for example (likewise when the hairspring is at maximum expansion). In Figure 14, the position of the outer end of the hairspring is identified by reference P_0 and the position of the point of intersection between the last-but-one turn and the above-mentioned radial axis when the hairspring is at maximum expansion is identified by reference P' (said position P' is also shown in Figure 13).

• A second point P_2 is defined that is situated on the outer turn at the end of the stiffened portion that is farther from the outer end of the hairspring.

• The first and second points P_1 and P_2 are interconnected by a circular arc 18 that is tangential to the outer turn at the second point P_2 . The center of this circular arc 18 is identified in Figure 14 by the reference O'' .

• A third point P_3 is defined on the circular arc 18 between the first and second points P_1 and P_2 , the third point P_3 being such that the length of the segment of the circular arc 18 delimited by the second and third points P_2 and P_3 is equal to the length of the initial turn segment 19 delimited by the second point P_2 and the initial outer end P_0 of the hairspring.

• Two angles T_1 and T_2 are defined in a frame of reference of center O'' and whose axes are parallel to the axes in the frame of reference (O, x, y) . The angle T_2 is the angle made by the straight line segment $[O'', P_2]$ with the abscissa axis of the frame of reference of center O'' . The angle T_1 is such that the length of the portion of the circular arc 18 delimited by the angles T_1 and T_2 is equal to the length of the portion of the initial turn segment 19 that is delimited by the angles δ_1 and δ_2 in the frame of reference (O, x, y) .

5 • The circular arc 18 between the second and third points P_2 and P_3 is given a thickness identical to that of the initial turn segment 19. This thickness therefore varies between the angles T_1 and T_2 and is constant elsewhere. The function $fc = e(\theta'')$ defining said varying thickness between the angles T_1 and T_2 as a function of the polar angle θ'' in the above-mentioned frame of reference of center O'' is obtained by replacing the parameters β_G , δ_1 and δ_2 respectively by the parameters θ_0'' , T_1 and T_2 in the function f defining the varying thickness of the portion of the initial turn segment 19 that is delimited by the angles δ_1 and δ_2 , where $\theta_0'' = (T_1 + T_2)/2$. Thus, for example, for a function:

$$f = e_0 + e_0 \left\{ 1 + \cos \left[2\pi \frac{(\theta - \beta_G)}{\delta_2 - \delta_1} \right] \right\}$$

15 the function fc is given by:

$$fc = e_0 + e_0 \left\{ 1 + \cos \left[2\pi \frac{(\theta'' - \theta_0'')}{T_2 - T_1} \right] \right\}$$

The turn segment delimited by the second and third points P_2 and P_3 then constitutes the corrected terminal portion of the outer turn.

20 In a variant, in order to obtain the hairspring shown in Figure 8, the following steps can be performed for moving the terminal portion of the outer turn away from the last-but-one turn:

25 • A point is defined on the outer turn in the stiffened portion, typically at the center thereof.

30 • The terminal portion of the hairspring extending from said point is offset radially outwards, by giving the inner side of said terminal portion the shape of a circular arc of center O and the outer side of said terminal portion a shape that gives said terminal portion the same thickness as that of the corresponding initial terminal portion. This thickness thus varies between said point and the angle δ_1 and is constant between the angle δ_1 and the outer end of the hairspring. The radial

spacing between this terminal portion and the last-but-one turn is selected to be large enough to ensure that the last-but-one turn cannot reach said terminal portion even when the hairspring is at maximum expansion.

5 • The above-mentioned terminal portion is connected to the remainder of the stiffened portion by a straight line portion so as to form the double bend 11. This straight line portion is of sufficient thickness so as to avoid diminishing the stiffness of the stiffened portion,
10 for example its thickness is equal to three times the thickness e_0 of the hairspring outside the stiffened portion.

 The hairspring of the regulating device of the invention is typically made of silicon. It can be
15 fabricated in various ways, for example using the method described in document EP 0 732 635.

 The present invention is described above purely by way of example. It will be clearly apparent to the person skilled in the art that modifications can be made
20 without going beyond the ambit of the invention. In particular, although it is preferable for the stiffened portion to be formed by increasing the thickness of the strip forming the hairspring in the plane of the hairspring, it is possible in a variant to increase the
25 height of the strip (i.e. the thickness of the strip perpendicularly to the plane of the hairspring). Naturally, under such circumstances, the height of the strip needs to be increased by a relatively large amount in order to obtain stiffness comparable to that obtained
30 in the case of a varying thickness in the plane of the hairspring. In another variant, both the thickness of the strip in the plane of the hairspring and the height of said strip could be varied.